

Teacher Training Modules

The Coalition for Compassionate Schools is excited to offer its second cohort of our hybrid trauma-informed training experience.

Overview

The virtual teacher professional learning community is designed to support *practicing lead and support teachers* to build their trauma-informed practices strategies and toolkit.

By the end of the program, you will be able to:

- Describe the impact of trauma on students' brain development, the need to make adjustments to your environments to support brain-friendly learning, and the ways in which trauma manifests through behavior.
- Examine the impacts of secondary traumatic stress in order to develop a trauma stewardship plan to incorporate personal wellness into your practice.
- Apply strategies that are developmentally appropriate for students experiencing trauma to enhance your classroom practices.
- Develop a pilot plan to support their implementation of trauma-informed strategies in order to sustain your learning beyond the professional learning community.



Program Information

Program Components

Participants should anticipate that participation in this program will require approximately three (3) hours of commitment each month. .

Monthly online modules of videos designed specifically for teachers on trauma-informed practices with resources and tools to guide your implementation.

Monthly synchronous Zoom sessions to discuss the video content with other teachers in the cohort and learn alongside practicing professionals.

Ongoing consultation customized to meet the engagement level at your school.

Module Information

Each module includes no more than one (1) hour of videos to engage with. Some contents may include supplementary videos and readings.

At the end of each module, there is a task that should take no more than one (1) hour.

Module 1: Building Community & Setting Intentions

Module 2: Foundations of Trauma

Module 3: Trauma Stewardship

Module 4: Strengthening Relationships

Module 5: Preventing Escalation & Emotional Regulation

Module 6: Safe & Supportive Environments

Module 7: Action Planning for Sustainability

Module 8: Reflection & Showcase

Synchronous Session Information

All sessions are scheduled for the first (1st) Wednesday from 4:30-5:30 PM CST of each month unless there is an anticipated holiday

Module 1 Session: September 2nd, 4:30-5:30 PM CST

Module 2 Session: October 7th, 4:30-5:30 PM CST

Module 3 Session: November 4th, 4:30-5:30 PM CST

Module 4 Session: December 2nd, 4:30-5:30 PM CST

Module 5 Session: January 13th, 4:30-5:30 PM CST

Module 6 Session: February 3rd, 4:30-5:30 PM CST

Module 7 Session: March 3rd, 4:30-5:30 PM CST

Module 8 Session: April 7th, 4:30-5:30 PM CST

For More Information

For more information about the Coalition for Compassionate Schools, visit our website at www.cforcs.org

For more information about the modular training cohorts, reach out to our Dissemination Coordinator, Dr. Anthony Marino anthony@cforcs.org